



Jack Rabbit Energy Workshop

Are you tired, run down? Is it all you can do to get up everyday and go to work? Are the kids running you ragged?

How would you like to have the *energy* and *spring* of 12 Jack Rabbits on a Trampoline?

The “8 Biggest Health Mistakes” are literally draining your metabolism and energy. At the Jack Rabbit Wellness Workshop you will learn the solutions to the “8 Biggest Health Mistakes Most People Make”.

Imagine coming home from work and actually chasing the kids around. Picture yourself springing out of bed on weekends, blasting through the chores, & still having energy to take your devoted partner on a date! How would you like to look forward to going to the gym everyday?

You & your organization *absolutely* deserve to receive the value of energy!

Give your group or employees the gift of a high metabolism.

Invite Deb to your school, organization or business and she will bring great fun, as well as energy and enthusiasm to keep your employees or members on the right side of health.

Length: 45 minutes to 2 hours

Presented by Deb Bixler, *Health and Prosperity Coach*
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www.DebBixler.com
www.WowYouAreReallyLucky.com